



No. KVAOWA/GGN/2026/156/528

Dated: 12th June, 2026

NOTICE

Subject: Celebration of International Yoga Day at Kendriya Vihar, Gurugram

Dear Residents,

International Yoga Day is celebrated across the world on **21st June** every year to promote the importance of yoga for a healthy mind and body.

On the occasion of **International Yoga Day 2026**, the KVAOWA Management has decided to organize a Yoga Session on **Sunday, 21st June 2026**, from **6:30 AM to 7:30 AM** at **Kendriya Vatika (near Sahyog Building), Kendriya Vihar, Gurugram**.

The session will be conducted under the guidance of **Shri Jagmal Singh Yadav**, an experienced yoga practitioner.

All residents, senior citizens, ladies, youth, and children, are cordially invited to participate in this event and benefit from the practice of yoga.

Residents are requested to reach the venue by **6:15 AM** and carry a yoga mat for their convenience.

We look forward to your active participation.

(Nirmala Golani)
President, KVAOWA

Copy to:

1. Shri Jagmal Singh Yadav, B-16, Kendriya Vihar, Sector-56, Gurugram – for information and necessary action.
2. All Notice Boards.
3. Website / MyGate App.

"Service with a Smile"